

CRYSTAL CLEARING & CHARGING CHART



Crystals have been cherished for centuries for their metaphysical properties and the positive energies they bring into our lives. To harness the full potential of these precious gemstones, it's essential to maintain their purity and vitality. However, it can be tricky to know which gemstones can safely interact with water, salt, sunlight or moonlight. This chart provides you with essential information to help you safely and effectively purify your crystals.

How to Use the Chart:

- 1. Select Your Crystal:** Identify the crystal you wish to cleanse or recharge.
- 2. Cleansing Methods:** Find the crystal in the chart and determine if it is safe to use water or salt to cleanse it. Alternatively, consider burying your crystal in soil or rice for a few hours or smudging your crystals with sage or incense.
- 3. Charging Techniques:** Discover the best ways to recharge your crystal, including moonlight and sunlight. Keep in mind that it's advisable to avoid extended exposure of your crystals to direct sunlight, especially during excessively hot weather. You can also utilise the natural energies of other crystals by placing your crystal within an amethyst geode, on top of a clear quartz druse or on a selenite plate.

Start with a clear intention and then tailor the methods to suit your preferences and the crystal's sensitivity. Feel free to incorporate affirmations, recite a mantra or visualise the stone being cleared to enhance the cleansing process.

By using this chart, you'll be able to cleanse and recharge your crystals safely and with confidence.

Enjoy the enhanced benefits of these beautiful gems in your life!

Gemstone	Hardness	Purifying		Recharging	
		Water	Dry Salt (Pure not saltwater)	Sunlight	Moonlight
Agate	6.5-7	✓	✓	✓	✓
Amazonite	6-6.5	✓	✓	✓ (Avoid direct sunlight)	✓
Amber	2-2.5	✓ (No soaking)	✗	✗	✓
Amethyst	7	✓	✓	✗	✓
Ametrine	7	✓	✓	✗	✓
Angelite	3.5	✗	✗	✓	✓
Apatite	5	✓ (No soaking)	✗	✗	✓
Apophyllite	4.5-5	✗	✗	✗	✓
Aquamarine	7.5-8	✓	✓	✗	✓
Aragonite	3.5-4	✗	✗	✗	✓
Aventurine	7	✓	✓	✗	✓
Azurite	3.5-4	✗	✗	✗	✗
Bronzite	5.5-6	✓ (No soaking)	✓	✓	✓
Carnelian	6-7	✓	✓	✓	✓
Calcite	3	✗	✗	✗	✓
Celestine	3-3.5	✗	✗	✗	✓
Charoite	5-6	✗	✗	✗	✓
Chalcedony	2.5-3.5	✓	✓	✗	✓

		Purifying		Recharging	
Gemstone	Hardness	Water	Dry Salt (Pure not saltwater)	Sunlight	Moonlight
Chrysocolla	2.5-3.5	✗	✓	✓ (Avoid direct sunlight)	✓
Citrine	7	✓	✓	✗	✓
Coral	10	✓	✓	✗	✓
Diamond	10	✓	✗	✗	✓
Diopside	5-6	✓	✓	✓	✓
Dumortierite	7	✓	✓	✓	✓
Emerald	7.5-8	✓	✓	✓	✓
Fluorite	4	✗	✗	✗	✓
Garnet	6.5-7.5	✓	✓	✓	✓
Heliotrope (Bloodstone)	6.5-7	✓	✗	✓	✓
Hematite	5.5-6.5	✗	✓	✓	✓
Howlite	3.5-4.5	✗	✗	✓	✓
Jasper	6-7	✓	✗	✓	✓
Jet	2.5-4	✗	✓	✗	✓
Kunzite	6.5-7	✓	✗	✗	✓
Kyanite	4.5-7	✗	✗	✓	✓
Labradorite	6-6.5	✗	✗	✓	✓
Larimar	4.5-5	✓ (No soaking)	✓	✗	✓

		Purifying		Recharging	
Gemstone	Hardness	Water	Dry Salt (Pure not saltwater)	Sunlight	Moonlight
Lapis Lazuli	5-6	✗	✗	✓ (Prefers moonlight)	✓
Lepidolite	2.5-3	✗	✗	✗	✓
Malachite	3.5-4	✗	✗	✗	✓
Moonstone	6-6.5	✓	✗	✗	✓
Obsidian	6.5-7	✗	✗	✗	✓
Onyx	6.5-7	✓	✓	✓ (Avoid direct sunlight)	✓
Opal	5.5-6.5	✗	✗	✗	✓
Pearl	6.5-7	✓	✓	✗	✓
Peridot	6.5-7	✓	✓	✓	✓
Pyrite	6-6.5	✗	✗	✓	✓
Rhodochrosite	3.5-4	✗	✗	✗	✓
Rhodonite	5.5-6	✓	✗	✗	✓
Ruby	9	✓	✓	✗	✓
Ruby Zoisite	6.5-7	✓	✓	✗	✓
Sapphire	9	✓	✓	✗	✓
Selenite	2	✗	✗	✗	✗
Serpentine	2.5-6	✗	✗	✓ (Avoid direct sunlight)	✓
Septaria	3.5-4	✗	✗	✓	✓

Gemstone	Hardness	Purifying		Recharging	
		Water	Dry Salt (Pure not saltwater)	Sunlight	Moonlight
Shungite	3.5-4	✓ (No soaking)	✓	✓	✓
Smokey Quartz	7	✓	✓	✗	✓
Sodalite	5.5-6	✗	✗	✗	✓
Sugilite	6-6.5	✓	✓	✓	✓
Sunstone	6-6.5	✓	✗	✓	✓
Tanzanite	6.5-7	✓	✓	✓	✓
Tiger Eye	6-7	✓	✓	✓	✓
Topaz	8	✓	✓	✗	✓
Turquoise	5-6	✗	✗	✗	✓
Unakite	6-7	✓	✓	✓	✓
Vanadinite	3-4	✗	✗	✗	✓

For further details, visit my website or check out my Instagram page, where I host live sessions every Thursday at 7 pm CET. During these sessions, you can ask me any questions and make live purchases:



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Much love,
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